

URINE CHLAMYDIA

SPECIMEN COLLECTION INSTRUCTIONS

PATIENT INSTRUCTIONS

Step	Collection Instructions:
1.	Confirm the collection container is labeled correctly with: <ul style="list-style-type: none">• your (patient) first and last name and• a 2nd identifier such as the date of birth or healthcare number. <p>Incorrectly or incompletely labeled specimens will not be tested.</p>
2.	DO NOT urinate for at least an hour prior to collection.
3.	Collect 15 – 20 ml (1/2 oz) of the first part of the urine stream (not midstream) to a maximum volume of 60ml (2 oz).
4.	If other test(s) are ordered, use a second container for the remainder of the urine stream.
5.	Refrigerate the sample if you are not delivering it to the lab immediately.
6.	Take the specimen to CML Client C.A.R.E. Centre within 24 hours.

If you have any questions, please contact your local CML Client C.A.R.E. Centre at: _____

CML HealthCare