

POST CONCUSSION SYNDROME

It is possible for some symptoms to persist for months after a head injury.

For example: poor problem-solving

irritability

insomnia – inability to sleep

headaches

SIGNS AND SYMPTOMS OF A CONCUSSION	
SIGNS OBSERVED BY PARENTS OR GUARDIANS	SYMPTOMS REPORTED BY YOUR CHILD OR TEEN
Appears dazed or stunned Is confused about events Answers questions slowly Repeats questions Can't recall events prior to the hit, bump, or fall Can't recall events after the hit, bump, or fall Loses consciousness (even briefly) Shows behavior or personality changes Forgets class schedule or assignments	Thinking/Remembering: Difficulty thinking clearly Difficulty concentrating or remembering Feeling more slowed down Feeling sluggish, hazy, foggy, or groggy Physical: Headache or "pressure" in head Nausea or vomiting Balance problems or dizziness Fatigue or feeling tired Blurry or double vision Sensitivity to light or noise Numbness or tingling Does not "feel right" Emotional: Irritable Sad More emotional than usual Nervous Sleep: Drowsy Sleeps less than usual Sleeps more than usual Has trouble falling asleep