



# Howden Medical Clinic

Urgent Care/Family Practice/Cosmetics

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## Narcotic Agreement

I \_\_\_\_\_, understand that I am receiving opioid/narcotic medications from

Dr. \_\_\_\_\_ for the treatment of my pain, and I agree to the following condition:

1) I will not request pain or mood altering drugs from physicians other than Dr. \_\_\_\_\_.

2) I will take pain medications in the amounts and according to the directions prescribed. I understand that, if my medication runs out early, I will not be prescribed medications before the next scheduled time.

3) I will not give or sell my medications to anyone else including family members, nor will I accept opioid medications from anyone else.

4) I will keep my prescription medications in a safe place. I understand that lost, damaged or stolen medication will not be replaced before the next regularly scheduled time.

5) I will not combine my pain medication with over-the-counter medications such as Tylenol 1, 222's, alcohol or street drugs without discussing it with my physician.

6) Narcotics are potentially addictive and it will also cause a physical dependence.

7) I agree to attend and participate full in any other reasonable assessments or pain treatment programs which my physician may recommend at anytime.

8) I agree to random urine or blood testing as required to monitor my treatment with these medications.

9) I understand that, if the above conditions are not met, Dr \_\_\_\_\_ may stop prescribing opioid or narcotic medications for my pain condition.

10) I will fill my prescriptions at only one pharmacy of my choice:

Pharmacy Name: \_\_\_\_\_

11) I have reviewed the side effects of long term narcotic use and I am aware of the risks, as written below:

## Risks of Long Term Narcotic Use

- 1) Addiction: Studies indicate that 10-20% of the population will become addicted to narcotics. Smokers, alcoholics, or people previously addicted will be at an increased risk of addiction.
- 2) Dependence: All people on long term narcotics will develop a physical dependence on narcotics. This means that after being on the medication for a period of time, sudden cessation of this drug will lead to withdrawal symptoms and intense craving for the medication. Chronic narcotics can not be stopped suddenly. If the patient decides to stop the medication the patient will need to be weaned off the medication.
- 3) Loss of Libido and erections: Chronic narcotic causes a loss of sex drive and erectile dysfunction.
- 4) Constipation: Narcotics cause constipation.
- 5) Drowsiness, Nausea, and dizziness: All are side effects of narcotics. Usually these side effects will diminish with time. However, you must not drive until you are aware of how the medication will affect you.
- 6) If you are a female of child bearing age and become pregnant, your child will be born physically dependent on narcotics. If you become pregnant or planning to become pregnant you must discuss this with the physician.
- 7) Narcotics are a regulated substance by the federal government. As such, patients on chronic medications need regular, periodic assessments from a physician. At first, these assessments will occur every 1-4 weeks and then every 3 months when your dosing is stable. If you do not attend for these assessments, your medication will be stopped.

I have read the above and have discussed it with my physician.

Patient Name: \_\_\_\_\_

Patient Signature : \_\_\_\_\_

Date: \_\_\_\_\_