



Patient Information

CLINICAL SCAPHOID FRACTURES

You have been diagnosed with a possible break of your scaphoid bone. The scaphoid is a small bone in your wrist about the size and shape of a jelly bean. Sometimes a break in this bone will not show up on the first set of xrays. Because your wrist was very sore when the doctor examined you, he or she decided it would be safest to treat you today as if the bone were broken to prevent long term complications. This is why you need a cast.

Return to the Emergency Department on:

Date: (DDDD/MM/YY) _____ Time: **8:00 a.m.**

to have your wrist re examined and possibly re-xrayed. A hidden break will often show up on a second set of x-rays taken 10 days from today. It is important to return at 8:00 am on a weekday in case more tests (like a bone scan) are needed. These tests can take several hours but may be necessary if your pain is still present and repeat xrays are normal.

If at any time your cast feels too tight, painful, or if your fingers feel numb return to the emergency department. If there are any other symptoms that are a concern to you, contact or return to the Emergency Department.