

**FERTILITY TESTING
INSTRUCTIONS FOR COLLECTING
SEMEN SPECIMEN**

NOTE: Your doctor has ordered a test which requires a fresh semen specimen. The entire ejaculate must be collected into the container provided. Do not use a condom in the process of collecting the semen.

- 1) No sexual intercourse for four (4) days preceding the test.
- 2) PRINT your name, time and date of collection on the container provided.
- 3) Collect the entire ejaculate into the specimen container provided, by means of masturbation (self-stimulation).
- 4) Bring the specimen to the laboratory immediately, arriving no longer than thirty (30) minutes after collection.

CML HealthCare Inc. _____
