

TAMIFLU PROPHYLAXIS

TAMIFLU is the commonly used name for Oseltamivir, a viral neuraminidase inhibitor offered each year to employees who

- (i) have not been immunized with the current influenza vaccine, and
- (ii) who wish to work without protective equipment whenever an outbreak of influenza is declared in their work area.

RESPONSE TO MEDICATION starts rapidly after ingestion of the first 75 mg dose of Tamiflu by producing a blood level of the drug Oseltamivir adequate to protect against the influenza virus. To maintain protection, a single 75 mg tablet must be taken every 24 hours until the influenza outbreak is declared at an end. An employee can return to work immediately after taking the first dose of Tamiflu.

SIDE EFFECTS are usually minor, and the only ones that occur 1% more often in people taking Tamiflu than in people taking a placebo are nausea, vomiting and headaches.

CONTRAINDICATIONS to taking Tamiflu are pregnancy, breast-feeding and a prior allergic reaction to Tamiflu or any one of its components. If any one of these conditions exists, Tamiflu is not to be taken. By signing this consent I am certifying that I do not have any contraindication to taking Tamiflu.

I am not pregnant.

I am not breastfeeding.

I have never had an allergic reaction to a prior dose of Tamiflu.

I have read the information above and understand the risks and benefits involved in receiving Tamiflu. I have had the opportunity to ask questions. I am taking Tamiflu voluntarily to allow me to continue to work in the hospital during this influenza outbreak.

I agree to receive and take 75 mg Tamiflu daily until this outbreak is at an end.

Name _____ Signature _____
 Date _____ Witness _____