Care. Confidence. Comfort.

PATIENT INSTRUCTIONS

How to Collect

URINE FOR CHLAMYDIA

- 1. Patient should not urinate for at least one hour prior to collection.
- 2. Collect 15 20 ml (1/2 oz) of voided urine from the first part of the urine stream (not midstream) to a maximum volume of 60 ml (2 oz).
- 3. If other urine tests are ordered, use a second container.
- 4. Refrigerate the sample if you are not delivering it to the lab immediately.
- 5. Take the specimen to CML HealthCare within 24-hours.

If you have questions, please contact your local CML Healthcare Specimen Collection Centre at:

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CML HealthCare Inc.		