



Howden Medical Clinic

Urgent Care/Family Practice/Cosmetics

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WOUND CARE

Your wound has been cleaned and treated.

Tetanus toxoid needs to be updated every ten years. Let your doctor know if you were given a shot today. The arm in which you receive your shot today may be sore for a few days.

Your doctor may decide you need antibiotics. Please follow the prescribed instructions and take your medication until all the tablets are finished.

You may use Tylenol or ibuprofen for pain.

WOUND DANGER SIGNS

- Persistent pain or sudden onset of severe pain
- Persistent bleeding from the wound
- Persistent swelling of the injured part
- Drainage from the wound or foul odour from the wound or dressing
- Redness surrounding the wound or red streaks going up your arms or legs
- Fever or chills

CARE OF STITCHES

- Keep stitched area clean and dry for the first 24-48 hours
- After 24-48 hours, wash stitches with warm water and soap; and dry stitches well
- Apply Polysporin dressing daily
- Monitor for any signs of infections: **swelling, redness and discharge**
- Contact your doctor and make an appointment to have stitches removed in 5-10 days